



Warrior

Part 1: Helmet of Salvation

Study Guide

(suggested time for each portion)

Fellowship (15 min)

Discussion (35 min)

Ephesians 6:10-18 - Read the passage together

- **What did you think about the teaching on Sunday?** (this may be enough)
- Was there something you learned that was new to you, or something about which you were glad to be reminded?
- What was one thing that you sensed the Spirit saying specifically to you?
- (For those who are slow to engage)
 - o What do you think of when you think about spiritual beings – little creatures or big beasts?
 - o Do you think you're stronger than they are?
 - o What is our greatest weapon? Why?
 - o How many pieces are there in the armor?
 - o Why did Danny change the order?
 - o What does the Helmet represent?
 - o How does it help us?
 - o Have you put on the helmet of salvation, or are you still exploring your faith?

Prayer Time (20 min)

- What praises can we bring to God?
- What concerns can we offer to Him?
- (Please remember that we want to spend time in prayer, not just in sharing prayer requests. If we allow plenty of time, we can have a prayer experience that is not rushed. Growing in comfort level with prayer time will be a process; just take one step at a time! No rush.)

Fellowship (20 min)