

# SURF'S UP KIDZ KAMP

## DAY 2 FAMILY TIME TRUST

### Key Message:

God made me for a purpose. I can trust in Him even when life is hard.

### Bible Verse:

Trust in the Lord with all your heart. Do not depend on your own understanding. In all your ways obey him. Then he will make your paths smooth and straight. Proverbs 3:5-6 NIRV

### Discuss:

Bible Story: Joseph's Hardships. Genesis 37:3,4; 50:15, 19-20.

- 1) What does it mean to trust? Who do you trust?
- 2) How do you think Joseph was able to trust God when things looked bad?
- 3) Have you ever trusted God during a really difficult time in your life? What happened?
- 4) How could you trust God more during difficult times in the future?

Trust is believing that God is who He says He is. The Bible teaches us that God is Creator of heaven and earth, and of you and me. God made us in His image. He made us with a specific plan and purpose in mind.

Trusting God doesn't mean that bad things won't ever happen. It means that when they do, we can trust God to get us through the hard times. Sometimes, things look really bad. Remember during those times to trust God. He has the ability to do the impossible in your life.

Even when God doesn't stop the bad stuff, He can turn the bad stuff into good. He promises us that He will make all things work out for you for good if you know and love Him. Romans 8:28.

In Joseph's example, he tells his brothers, "You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives." Genesis 50:20. God's plan is always bigger than our own plans. So we can trust in Him. He is faithful to the end.

### Pray:

Thank you God for making me. Help me to understand your plan and your purpose for me. Help me to trust in you, even when things are hard. Thank you God that you never leave me, and for always being by my side no matter what I go through. In Jesus' name, Amen.

### Bottom Line:

I can trust in Jesus no matter what.

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## DAY 2: TRUST

### CRAFT: WEAVING HEARTS

Today we are learning that we can trust Jesus no matter what! Even when life is hard, we can trust in Him with ALL our heart.

Trusting God doesn't mean that things in your life will always be good, but when things look bad, you can count on Him! He may not stop the bad things from happening, but He can turn them into good things. His AMAZING power means that we can put our trust in Him no matter what!

You will need:

- Wooden Heart with holes\*
- Red Yarn\*
- Scissors

1. Tie a knot at the end of a long piece of yarn (you may need to ask your grown-up to help you).
2. Thread this piece of yarn through one of the holes in your wooden heart to start. The knot will sit on one side of the heart, make this the back of the heart.
3. Continue threading the yarn through the holes in the heart in a pattern that you like.
4. When you're done threading, tie the other end of the yarn tightly in a knot at the back of the heart.

This heart reminds us that we can ALWAYS trust Jesus, even when life is hard. Through the good times and the bad times, Jesus shows us His love.

Picture for reference only



Source: <https://ourkidthings.com/cardboard-lacing-hearts/>

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## CRAFT: INVISIBLE INK

We can trust God through anything! In today's craft, you will see how we can always trust that God is here for us, even though we cannot see Him!

You will need:

- Tea Light\* or Wax Crayon\*
- A3 Card Stock Paper\*
- Watercolour Paint Palette\*
- Paint Brush\*
- Water
- Small Jar or Cup to hold the water

1. Write today's verse "Trust the Lord with all your heart" on the card stock paper with the tea light or wax crayon. You may need to ask a grown-up to help you write the letters as it is a bit tricky to see what you are writing! You may also need to trace over the letters a few times to get a better result.



**Caution:** Grown-up's may need to help the kids with this activity as it involves writing with candle wax on white paper which can be a bit tricky.

**Note:** The church has provided both a tea light and wax crayon, for best results use the tea light candle and hold it like a pen. (Wick has been removed.) Remember to remove the foil tray from the tea light candle before using it.

2. Put a small amount of water in a jar or cup, wet your paint brush with the water and dip it into the watercolour paint of your choice.
3. Using your watery paint, now paint over the verse you wrote on the card stock paper and watch the words magically appear!

This craft shows us that even though we cannot see God, He is always there! We can always put our trust in Him, even when life is hard.

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## SNACK: GOD MADE ME (SELF PORTRAIT)

God made YOU! God is so powerful that He made YOU and He made YOU for a purpose! For today's snack, make a self portrait of yourself to demonstrate how God made you!

You will need:

Food items that you like for your self portrait, here are some suggestions:

For your face:

- Pita Bread
- Tortilla Wraps
- Pancakes

For your eyes and nose:

- Cherry Tomato
- Grapes
- Blueberries
- Small Candies (Skittles, M&M's etc.)



Source: Robyn Hattaway via Pinterest

For your mouth:

- Bell Peppers
- Gummy Worms
- Ham
- Red Onion

For your hair:

- Lettuce
- Ham
- Sprinkles

As you eat your snack today, remember that God made you for a purpose! He made you with His loving hands, and you can trust Him even when life is hard.

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## ACTIVITY: TRUST PAPER PLATE GAME

Source of pictures: <https://oneshetwoshe.com/gods-hands/>

We can trust Jesus no matter what! God's hands are always reaching out to help us. If we put our trust in Him, we will never be alone.

For today's activity, try out this paper plate game.

You will need:

- Paper Plates\*
- Pens
- Other family members - your grown-ups, and your brothers or sisters

Each person will need a paper plate and a pen. One at a time, each family member will take it in turns to be the artist. The artist will place their paper plate on their head, and they cannot take it down until the activity is finished.

The other family members should give the artist these instructions:

1. Draw a house
2. Draw a sun in the sky
3. If you haven't already, put a chimney and windows on the house
4. Draw a line where the ground should be
5. Add flowers coming up from the ground
6. Draw a happy face on the sun
7. Draw a tree by the side of the house
8. Add a person to the scene under the tree

Each have a turn at being the artist and compare your creations!

Grown-ups - ask a few questions. Was it difficult to know where to put the objects? What was the hardest part about drawing the picture? What would have made this task easier?



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Now play a second round! But this time, choose partners. Let one person be the artist, and the other gets to represent 'God's Hands'.

Repeat what you did before, and read the instructions out loud. The artist will still have to draw the objects on the plate, but this time, they will have 'God's Hands' to help them.



The person helping the artist can help put the artist's hands in a certain spot on the plate, or guide the artist's hands to draw different shapes.

After you've completed the eight instructions for the second time, compare the two finished drawings. What method was easier? Did it help to have someone guide you? Was it hard to give the helper some control over the drawing?



<https://thegrapevine155.wordpress.com/2016/02/03/gods-hands-are-safe-hands/>

This activity helps us to understand that God is our Creator. He made everything with His powerful hands! With His hands, He created us! We can trust Him to help us in our lives and help us to choose what decisions we make.

Just as your pictures got messy when you did not have someone to help you, our lives get messy when we choose to live without God! He loves us, He cares for us, and will help us whenever we need it. We can rely on Him to help us.

Remember today that when you need help, when you're in trouble, you can trust God to help you. Pray to Him and ask for help. He will always be there for you!

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## BONUS: GOD WILL SEE US THROUGH

Today's extra activity is an experiment to show that God will see us through!

You will need:

- Ziploc Bag\*
- Sharpened Pencils
- Water



1. Fill the ziploc bag with water and then seal it, making sure it is tightly sealed.
2. Carefully, poke the pencils through the ziploc bag and the water, right through to the other side of the bag. If you're careful, the pencils will go through the bag and the water will not leak!



This can show us that God will see us through the hard times, right to the other side! Things will not fall apart and crumble if we trust in God's help. As we finish Day 2 of Kidz Kamp, remember that you can trust God all the time, He will help you in everything you do.